



# MOVING AHEAD: The Challenge

## Writing and Study Skills Worksheet

### STUDY HABITS

For one week, take an inventory of how you study. Use the grid below to record all your studying habits and results; you'll need to expand this for multiple studying activities. Include every activity, even as short as 10 minutes.

Topic / Class	Setting	Amount of Time	Accomplishment	Concern
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

At the end of the week, review your study inventory and identify any themes. These include the circumstances under which you did well, and areas where you had concerns. What do you observe? What changes would you like to make for the future?

Try some changes based on your initial inventory, and review the results. What do you conclude?

### WRITING SKILLS

In what ways could you improve with your writing on different kinds of papers? Where could you gain assistance to improve your skills on these?

- Research
- Persuasive
- Informative
- Autobiographical
- Critical thinking
- Other

### TEST-TAKING

Review your preparation for taking tests or exams. What are your habits? When do you start studying? How do you study? What has gone well and how can you benefit from improvement? What specific changes can you make to be more prepared for exams in the future? Identify 4 changes that you plan to make:

- 1.
- 2.
- 3.
- 4.

