



MOVING AHEAD: The Challenge

Personal Safety Worksheet

ACTION PLAN FOR YOUR SAFETY

What responsibility do you have for your personal safety? Make a list of ways in which you can better ensure personal safety on and off campus:

1. _____
2. _____
3. _____
4. _____
5. _____

ACTION PLAN FOR THEIR SAFETY

What responsibility do you have for the personal safety of others? Make a list of ways in which you can better ensure safety for others on and off campus:

1. _____
2. _____
3. _____
4. _____
5. _____

Part of personal safety is being prepared before situations to occur. You should also have a solid plan of action for when things get out of hand. For instance, if you are sexually harassed, assaulted, or stalked, what will you do?

How can you prevent it from happening again?

