



LOOKING BACK: A Self-Reflection

Writing and Study Skills Worksheet

STUDY HABITS

What have your study habits been in the past?

List 5 things you have done particularly well with your study habits:

- 1.
- 2.
- 3.
- 4.
- 5.

List 5 things you would like to improve regarding your study habits:

- 1.
- 2.
- 3.
- 4.
- 5.

WRITING SKILLS

How skilled do you feel with writing different kinds of papers? Why or why not?

- Research
- Persuasive
- Informative
- Autobiographical
- Critical thinking
- Other

TEST-TAKING

What things are you most apprehensive about when it comes to taking tests or exams?

What kind of tests are you most comfortable with? What kind of tests are you least comfortable with?

How do you prepare for different kinds of tests or exams?

- Essay
- Multiple choice
- Short answer
- True/False
- Matching
- Fill-in
- Open book

