



LOOKING BACK: A Self-Reflection

Social Life and Activities Worksheet

IT'S ALL ABOUT WHAT YOU LIKE TO DO

What activities and/or events did you most enjoy in high school?

1. _____
2. _____
3. _____
4. _____

What activities and/or events did you not take part in and now wish you had?

1. _____
2. _____
3. _____
4. _____

GET SOCIAL

What does having a social life mean to you?

What do you want your social life to be like in college?

What activities will help you have the kind of social life you desire?

How can you get involved in these activities?

A FEW HELPFUL SUGGESTIONS

1. Next time a Faculty member announces an activity or an event that they will attend, try to make contact with that faculty member.
2. Ask various upperclassmen to suggest one activity/event that you shouldn't miss out on before you graduate.
3. Go to an educational program, or an athletic or cultural performance that you wouldn't normally choose to go to at least once a month.

