



LOOKING BACK: A Self-Reflection

Personal Safety Worksheet

SAFETY FOR YOURSELF

What does personal safety mean to you? Have you been in a situation where you or someone else's personal safety has been threatened? What did you do?

Determine whether the following situations are safe or unsafe. Why are they safe or unsafe?

1. Your night class gets out later than usual, and there aren't many students out and about. You've parked in an isolated lot on the other side of campus. A friend offers to walk you to your car, but you'll have to wait about 20 minutes for them to finish with the professor. You'd like to take your friend up on his offer, but you really need to get home as soon as possible. You decide to take your chances and walk alone. (*circle*) safe/unsafe
2. During orientation you meet a very attractive guy. He gives you his phone number and asks for yours in return, which you give him. Because he wants to pick you up before your date, he asks you for your address. After some hesitation you tell him where you live. (*circle*) safe/unsafe
3. You drive into town alone during a bad rainstorm. On your way, you see an older woman walking without an umbrella. She is carrying several heavy bags. You stop to offer her a ride. (*circle*) safe/unsafe

SAFETY FOR OTHERS

If you are a witness to a situation where someone else's personal safety is threatened, what responsibility do you have to them? Why? How can you help? Determine your course of action for the following scenarios.

1. During your second night at home in your off-campus apartment, you hear a loud disturbance upstairs in the apartment above you. After listening further, you determine that someone is being domestically abused. What do you do? What is the ideal outcome for this situation?
2. As you walk to your car after classes, you notice a strange person loitering in the lot. The person is far enough away from you not to pose an immediate threat to you. What do you do? What is the ideal outcome for this situation?
3. You go on a double date with your best friend. As the night draws to a close, walking back to campus from the bar, your friend's date suggests that she and he go back to his room. She expresses a bit of hesitation, but it seems as if she may give in to him. They have only recently started to date, but have known each other for almost a year. What do you do? What is the ideal outcome for this situation?

